



**Universitatea
Transilvania
din Braşov**

HABILITATION THESIS

SUMMARY

**PERFORMANCE OF SPORT ORGANIZATIONS – DIMENSIONS AND
EVOLUTION**

Field: SPORTS SCIENCE AND PHYSICAL EDUCATION

Author: Assoc.Prof.Dr. Ioan TURCU

Transylvania University of Braşov

BRAŞOV, 2025

SUMMARY

The habilitation thesis, entitled „Performance of Sport Organizations - Dimensions and Evolution," presents, in a concise yet well-documented manner, the leading scientific achievements I have obtained since receiving my PhD degree in 2008. The thesis also includes a description of the evolution of my academic, scientific, and professional career, as well as the primary directions of its development.

The thesis is structured into three parts: A. Abstract (in Romanian and English); B. Scientific and professional achievements and career development plans; C. Bibliography. The second part is divided into four chapters: Chapter 1, Research Activity; Chapter 2, Academic Achievements; Chapter 3, Professional Achievements; and Chapter 4, Career Development Projections.

The first chapter is structured into three sub-chapters:

- In the first sub-chapter, I present the values and principles that guided my research activity, describing how my development as a researcher has progressed. This includes my focus on several major themes, which I have explored in depth in my research over the past 15 years, since completing my PhD.

- In the second sub-chapter, I outline my research systematized around four major themes: sports organization management and performance; performance management in sports practice; current factors affecting the activity and performance of sports organizations; and other scientific explorations.

My research examined sports management aspects influenced by unique functions (R&D, production, commercial, HR, finance), managerial roles in physical education (planning, organizing, leading, staffing, controlling), and performance dimensions (economic, sporting, social). I also explored performance management in sports, assessing training methods and preparation from physical, technical, tactical, psychological, and nutritional perspectives. Participants included experienced male and female athletes from various sports clubs (volleyball, handball, basketball, skiing, etc.). My papers consistently propose improvements for athlete practices.

- In the third research theme, I grouped papers analyzing the impact of technological innovation, the growth of the sports betting industry, and the evolution of electronic sports on sports clubs' activities and performance.

- Within this research theme, I have included six works that generally aim to reveal some social aspects regarding the impact of sport and to identify solutions adapted to the Romanian context for integrating more physical education and sports into the educational activities of children and young people. In the third sub-chapter, I present the elements that recognize the quality of my research activity: the publication of eight articles in ISI-indexed journals with an impact factor of at least 0.10; citations of publications where I am the author or co-author (my H-Index in the Web of Science Core Collection is 4, and my H-Index in Google Scholar is 7); invitations as a keynote speaker or membership on the scientific committee of national or

international conferences; participation on the editorial board of the journal Bulletin of the Transylvania University of Brasov, Series IX: Sciences of Human Kinetics; and selection as part of several research project teams.

In the second chapter, I present my career as a teacher, highlighting the main stages, the most significant teaching results, and the primary administrative and managerial activities in which I have been involved over the past 25 years, along with a summary of their outcomes.

My academic career within the Faculty of Physical Education and Mountain Sports at Transylvania University of Brasov includes the following positions: Instructor (1998-2000), Assistant Professor (2000-2004), Lecturer (2004-2013), and Associate Professor (2013-2024).

In my teaching, I view the student as the primary participant. I create a learning environment where students independently discover knowledge. My goal is to foster essential transversal skills in various professional contexts. Over my 25 years at Transylvania University of Braşov, I have fulfilled my administrative duties and voluntarily engaged in institutional development initiatives. For the past 13 years, I have held management positions in FEFSM. Chapter 3 outlines my key professional achievements in physical education and sport, spanning nearly 32 years since my higher education admission in 1992. My qualifications include solid academic credentials (bachelor's, master's, PhD), pedagogical expertise, enhanced IT skills, and continuous learning through various programs and conferences. My professional reputation includes awards in national student competitions in volleyball, serving as vice-president in a Leonardo da Vinci project, organizing scientific conferences, and holding management roles in sports organizations. Chapter 4 discusses my academic career directions, focusing on teaching, academic advancement, and professional development. My strategic orientations and plans cover both immediate and long-term goals. While my major research themes will remain, they will align with current international trends. The Habilitation is a crucial step toward achieving my Professor rank and joining the Interdisciplinary Doctoral School within IOSUD-UNITBV, in Sport Science and Physical Education. Post-habilitation, continuous learning will continue to be a fundamental priority. Over the next three years, I will prioritize the advancement of my expertise in physical education and sport management, the enhancement of my information and communication technology (ICT) skills to facilitate innovative pedagogical approaches, and the preparation for the role of PhD supervisor, as well as the fulfillment of the related responsibilities.

Ioan TURCU