

Author: Dr. Lawrence Chukwudi Nwabudike.

Habilitation thesis title: . Complementary and Alternative Medicine (Integrative Medicine) in Dermatology.....

Domain: .....Medicine.....

## PUBLICATIONS LIST

### RELEVANT PAPERS

1. **Nwabudike LC**, Case reports of acne and homeopathy *Complement Med Res.* 2018;25(1):52-55 doi: 10.1159/000486309  
<https://www.karger.com/Article/Abstract/486309>
2. **Nwabudike LC**, Oproiu AM, Dogaru IM, Costache M, Onisor C, Tatu AL. Therapy Delayed is Therapy Denied: A Case Report of Melanoma Misdiagnosed as Diabetic Foot Ulcer. *Clin Cosmet Investig Dermatol.* 2021;14:1909-1912. doi: 10.2147/CCID.S337545.  
<https://www.dovepress.com/therapy-delayed-is-therapy-denied-a-case-report-of-melanoma-misdiagnos-peer-reviewed-fulltext-article-CCID>
3. **Nwabudike LC**, Buzia O, Elisei AM, Tatu AL An integrative therapeutic approach to elephantiasis nostras verrucosa: A case report. *Exp and Ther Med*, 2022;23:289.  
<https://doi.org/10.3892/etm.2022.11218>  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8908468/>
4. **Nwabudike LC**, Miulescu M., Tatu AL Case series of an alternative therapy for generalised lichen planus: Four case studies. *Exp Ther Med*, 2019;18, 943-948. doi: 10.3892/etm.2019.7677 <https://www.spandidos-publications.com/10.3892/etm.2019.7677>
5. **Nwabudike LC**. Individualised Homeopathic Treatment of Acne-An Analysis of 83 Patients. *Homeopathy.* 2021;110(4):271-276. doi: 10.1055/s-0041-1728666.  
<https://www.thieme-connect.com/products/ejournals/abstract/10.1055/s-0041-1728666>
6. Yesudian PD, **Nwabudike LC**, de Berker D. Nail changes in diabetes. *Clin Exp Dermatol.* 2022;47(1):9-15. doi: 10.1111/ced.14859.  
<https://onlinelibrary.wiley.com/doi/epdf/10.1111/ced.14859>
7. Tatu AL, Elisei AM, Chioncel V, **Nwabudike LC** Immunologic adverse reactions of  $\beta$ -blockers and the skin (Review) *Exp Ther Med*, 2019;18, 955-959; doi:10.3892/etm.2019.7504  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6639944/>
8. Tatu AL, Nadasdy T, **Nwabudike LC**. Chitin-lipid interactions and the potential relationship between Demodex and SARS-CoV-2. *Dermatol Ther.* 2021;34(3):e14935. doi: 10.1111/dth.14935. <https://onlinelibrary.wiley.com/doi/10.1111/dth.14935>
9. Tatu AL, Baroiu L, Fotea S, Anghel L, Drima Polea E, Nadasdy T, Chioncel V, **Nwabudike LC**. A Working Hypothesis on Vesicular Lesions Related to COVID-19 Infection, Koebner Phenomena Type V, and a Short Review of Related Data. *Clin Cosmet Investig Dermatol.* 2021;14:419-423. doi: 10.2147/CCID.S307846. <https://www.dovepress.com/a-working-hypothesis-on-vesicular-lesions-related-to-covid-19-infectio-peer-reviewed-fulltext-article-CCID>
10. **Nwabudike LC** Homeopathy as Therapy for Mycosis Fungoides: Case Reports of Three Patients. *Homeopathy.* 2019;108(4):277-284; doi: 10.1055/s-0039-1687822.  
<https://www.thieme-connect.com/products/ejournals/abstract/10.1055/s-0039-1687822>

### PhD THESIS

**Title** – The cutaneous manifestations of diabetes mellitus

**Field** - Dermatovenerologie

**Supervisor** – Prof. Dr. Dan Forsea

**University** – UMF “Carol Davila”, Bucuresti

**Year** – 2007 (ordinul 632/21-03-2007)

## PATENTS

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None

## BOOKS / BOOK CHAPTERS

1. **Chapter – Nwabudike L.C.** (2021) *Homeopathy in the Therapy of Acne and Rosacea*. In: Rupani R.N., Lio P.A. (eds) *Integrative Dermatology*. **Springer, Cham**. [https://doi.org/10.1007/978-3-030-58954-7\\_12](https://doi.org/10.1007/978-3-030-58954-7_12)
2. **Chapter – F.C. Bujoreanu, D.S. Radaschin, L.C. Nwabudike, A.L. Tatu** *Cutaneous melanoma from the anterior thorax: a case report in Clinical Cases in Melanoma* Lotti, Torello, Tirant, Michael, Wollina, Uwe (Eds.) 2020. **Springer Nature Publishers ISBN 978-3-030-50820-3**
3. **Chapter – L.C. Nwabudike, A.L. Tatu, A.M. Oproiu, M. Costache** *When Dermoscopy exonerates a suspect and “indicts” another lesion in Clinical Cases in Melanoma* Lotti, Torello, Tirant, Michael, Wollina, Uwe (Eds.) 2020. **Springer Nature Publishers ISBN 978-3-030-50820-3**
4. **Chapter – A.L. Tatu, D.S. Radaschin, F.C. Bujoreanu, L.C. Nwabudike**. *Homogeneous black, pigmented lesion of the fifth toe in Clinical Cases in Pigmentary Disorders* Lotti, Torello, Tirant, Michael, Parsad, Davinder (Eds.) 2020. **Springer Nature Publishers ISBN 978-3-030-50823-4**
5. **Chapter – L.C. Nwabudike, A.L. Tatu, D.S. Radaschin, V Ardeleanu** *The dermatologist’s fingernail in Clinical Cases in Pigmentary Disorders* Lotti, Torello, Tirant, Michael, Parsad, Davinder (Eds.) 2020. **Springer Nature Publishers ISBN 978-3-030-50823-4**
6. **Chapter – L.C. Nwabudike, A.L. Tatu**. *Dark facial spots and a rash in Clinical Cases in Pigmentary Disorders* Lotti, Torello, Tirant, Michael, Parsad, Davinder (Eds.) 2020. **Springer Nature Publishers ISBN 978-3-030-50823-4**
7. **L.C. Nwabudike Assistant editor** *Diabetic Complications. New Insights and Solutions*. Cheta D (Editor) 2014, **Agir Publishers, Bucharest. ISBN 978-973-720-545-2**
8. **Chapter – L.C. Nwabudike** „*Diabetic Foot Ulcers*” in *Diabetic Complications. New Insights and Solutions*. Cheta D (ed) 2014 **Agir Publishers, Bucharest. ISBN 978-973-720-545-2**
9. **Chapter – L.C. Nwabudike, C. Ionescu- Tîrgoviște**, “*A tale of diabetic neuropathy*” (2013) in *Istoria neuropatiei diabetice în România (The History of Diabetic Neuropathy in Romania)*. **Sanatatea Press Group Publishers**
10. **Chapter - L.C. Nwabudike** „*Vascular factors in diabetic foot ulcers*” in *Vascular Involvement in Diabetes* (2005), D. Cheța (Editor), **Romanian Academy Publishers (Bucharest) & Verlag Karger (Basel, Switzerland). ISBN 973-27-1120-5 and 3-8055-7962-4**

- 11. Chapter - L.C. Nwabudike, C. Ionescu-Tîrgoviște „Piciorul diabetic(Diabetic foot)” in *Tratatul de Diabet Paulescu (Paulescu Textbook of Diabetes)* (2004), C. Ionescu-Tîrgoviște (Editor), **Romanian Academy Publishers, Bucharest****
- 12. Chapter - L.C. Nwabudike, C. Ionescu-Tîrgoviște „Tegument în diabetul zaharat (Skin in diabetes)” in *Tratatul de Diabet Paulescu* (2004), C. Ionescu-Tîrgoviște (Editor), **Romanian Academy Publishers, Bucharest****
- 13. Chapter L.C. Nwabudike „A matter of Honour” in *The Re-Discovery of Insulin* (1996), C. Ionescu-Tîrgoviște, **Geneze Publishers, Bucharest****

## JOURNAL ARTICLES

*In Journals with an ISI impact factor*

1. **Nwabudike LC** Exploring and expanding frontiers in dermatology – Indigenous African Dermatology. *Dermatol. Ther.* 2022; <https://doi.org/10.1111/dth.15431>  
<https://onlinelibrary.wiley.com/doi/10.1111/dth.15431>
2. **Nwabudike LC**, Buzia O, Elisei AM, Tatu AL An integrative therapeutic approach to elephantiasis nostras verrucosa: A case report. *Exp and Ther Med*, 2022;23:289.  
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3. Năstase F, Radaschin DS, Niculeț E, Brădeanu AV, Verenca MC, Nechita A, Chioncel V, **Nwabudike LC**, Baroiu L, Drima Polea E, Fotea S, Anghel L, Nechifor A, Tatu AL. Orthopaedic manifestations of neurofibromatosis type 1: A case report. *Exp Ther Med*. 2022;23(2):135. doi: 10.3892/etm.2021.11058  
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6. Niculeț E, Chioncel V, Elisei AM, Miulescu M, Buzia OD, **Nwabudike LC**, Craescu M, Draganescu M, Bujoreanu F, Marinescu E, Arbune M, Radaschin DS, Bobeica C, Nechita A, Tatu AL. Multifactorial expression of IL-6 with update on COVID-19 and the therapeutic strategies of its blockade (Review). *Exp Ther Med*. 2021;21(3):263. doi: 10.3892/etm.2021.9693  
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7. Tatu AL, Baroiu L, Fotea S, Anghel L, Drima Polea E, Nadasdy T, Chioncel V, **Nwabudike LC**. A Working Hypothesis on Vesicular Lesions Related to COVID-19 Infection, Koebner Phenomena Type V, and a Short Review of Related Data. *Clin Cosmet Investig Dermatol*. 2021;14:419-423. doi: 10.2147/CCID.S307846.  
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12. Niculet E, Chioncel V, Elisei AM, Miulescu M, Buzia OD, **Nwabudike LC**, Craescu M, Draganescu M, Bujoreanu F, Marinescu E, Arbune M, Radaschin DS, Bobeica C, Nechita A, Tatu AL. Multifactorial expression of IL-6 with update on COVID-19 and the therapeutic strategies of its blockade (Review). *Exp Ther Med*. 2021 Mar;21(3):263. doi: 10.3892/etm.2021.9693. <https://www.spandidos-publications.com/10.3892/etm.2021.9693>
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14. Tatu AL, Nadasdy T, **Nwabudike LC**. Observations about sexual and other routes of SARS-CoV-2 (COVID-19) transmission and its prevention. *Clin Exp Dermatol*. 2020;45(6):761-762. doi: 10.1111/ced.14274. <https://onlinelibrary.wiley.com/doi/pdf/10.1111/ced.14274>
15. Gagniuc PA, Ionescu-Tirgoviste C, Gagniuc E, Militaru M, **Nwabudike LC**, Pavaloiu BI, Vasilăţeanu A, Goga N, Drăgoi G, Popescu I, Dima S. Spectral forecast: A general purpose prediction model as an alternative to classical neural networks. *Chaos*. 2020;30(3):033119. doi: 10.1063/1.5120818. <https://aip.scitation.org/doi/10.1063/1.5120818>
16. **Nwabudike LC**, Tebeica T, Tatu AL. Nodular, ulcerated seborrheic keratosis. *Clin Exp Dermatol*. 2020 Jul;45(5):602-604. doi: 10.1111/ced.14172 <https://onlinelibrary.wiley.com/doi/abs/10.1111/ced.14172>
17. **Nwabudike LC**, **Tatu AL**. Response to: Murphy EC, Nussbaum D, Prussick R, Friedman AJ. Use of complementary and alternative medicine by patients with psoriasis. *J. Am Acad Dermatol* 2019; doi:10.1016/j.jaad.2019.03.059 [https://www.jaad.org/article/S0190-9622\(19\)30971-5/fulltext](https://www.jaad.org/article/S0190-9622(19)30971-5/fulltext)
18. **Nwabudike LC** Homeopathy as Therapy for Mycosis Fungoides: Case Reports of Three Patients. *Homeopathy*. 2019;108(4):277-284; doi: 10.1055/s-0039-1687822. <https://www.thieme-connect.com/products/ejournals/abstract/10.1055/s-0039-1687822>
19. **Tatu AL**, **Ardeleanu V**, **Elisei AM**, **Buzia OD**, **Miulescu M**, **Nwabudike LC** Undesirable Effects of Some Topical Antiseptics Chemical, pharmacological and dermatological aspects *Rev.Chim* 2019; 70:2276-2280 <https://revistadechimie.ro/Articles.asp?ID=7322>
20. **Nwabudike, L.C.**, **Miulescu, M.**, **Tatu, A.L.** Case series of an alternative therapy for generalised lichen planus: Four case studies. *Exp Ther Med*, 2019;18, 943-948. doi: 10.3892/etm.2019.7677 <https://www.spandidos-publications.com/10.3892/etm.2019.7677>
21. **Tatu AL**, **Elisei AM**, **Chioncel V**, **Nwabudike LC** Immunologic adverse reactions of  $\beta$ -blockers and the skin (Review) *Exp Ther Med*, 2019;18, 955-959; doi:10.3892/etm.2019.7504 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6639944/>
22. **Nwabudike LC**, **Tatu AL**. Using Complementary and Alternative Medicine for the Treatment of Psoriasis: A Step in the Right Direction. *JAMA Dermatol*.2019;155(5):636-636 doi:10.1001/jamadermatol.2019.0106 <https://jamanetwork.com/journals/jamadermatology/article-abstract/2728095>
23. **Nwabudike LC**, **Elisei AM**, **Buzia OD**, **Miulescu M**, **Tatu AL** Statins. A Review on Structural Perspectives, Adverse Reactions and Relations with Non-melanoma Skin Cancer *Rev.Chim* 2018; 69 (9), 2557-2562 [https://www.revistadechimie.ro/RCRevChimie\\_detail.asp?RevChimieID=6575](https://www.revistadechimie.ro/RCRevChimie_detail.asp?RevChimieID=6575)
24. **Tatu AL**, **Ciobotaru OR**, **Miulescu M**, **Buzia OD**, **Elisei AH**, **Mardarea N**, **Diaconu C**, **Robu S**, **Nwabudike LC** Hydrochlorothiazide: Chemical Structure, Therapeutic, Phototoxic and Carcinogenetic Effects in Dermatology *Rev.Chim* 2018; 69(8):2110-2114 [https://www.revistadechimie.ro/RCRevChimie\\_detail.asp?RevChimieID=6484](https://www.revistadechimie.ro/RCRevChimie_detail.asp?RevChimieID=6484)
25. **Tatu AL**, **Clatici VG**, **Nwabudike LC** Rosacea-like demodicosis (but not primary demodicosis) and papulopustular rosacea may be two phenotypes of the same disease - a

- microbioma, therapeutic and diagnostic tools perspective. *J Eur Acad Dermatol Venereol*. 2018 Jun 29. doi: 10.1111/jdv.15166  
<https://onlinelibrary.wiley.com/doi/10.1111/jdv.15166>
26. **Nwabudike LC, Tatu AL**. Reply to Gambichier T et al: Altered epigenetic pathways and cell cycle dysregulation in healthy appearing skin of patients with koebnerised squamous cell carcinomas following skin surgery. *J. Eur Acad Dermatol Venereol*. 2018; 33(1)e3-e4 doi: 10.1111/jdv.15084 <https://onlinelibrary.wiley.com/doi/10.1111/jdv.15084>
  27. **Nwabudike LC** Knowledge removes discomfort. *JAMA Dermatol*. 2018 154(6):738-739 doi:10.1001/jamadermatol.2018.0852  
<https://jamanetwork.com/journals/jamadermatology/article-abstract/2679047>
  28. **Tatu AL, Nwabudike LC** Reply to: Kubiak K et al. Endosymbiosis and its significance in dermatology. *J Eur Acad Dermatol Venereol*. 2018;32(9)E346-346 doi: 10.1111/jdv.14921. <https://onlinelibrary.wiley.com/doi/10.1111/jdv.14921>
  29. **Nwabudike LC, Tatu AL** Reply to Happle R. And al. Koebner's sheep in Wolf's clothing: does the isotopic response exist as a distinct phenomenon? *J Eur Acad Dermatol Venereol*. 2018 Feb 28. doi: 10.1111/jdv.14900.  
<https://onlinelibrary.wiley.com/doi/abs/10.1111/ced.14172>
  30. **Nwabudike LC** Pustular Eruption (Iododerma?) in a Patient With Cancer Treated With Complementary and Alternative Medicine. *JAMA Dermatol*. 2018;154(4):495-496. doi: 10.1001/jamadermatol.2017.6164.  
<https://jamanetwork.com/journals/jamadermatology/article-abstract/2673330>
  31. **Nwabudike LC**, Case reports of acne and homeopathy *Complement Med Res*. 2018;25:52-55 doi: 10.1159/000486309 <https://www.karger.com/Article/Abstract/486309>
  32. **Nwabudike LC, Tatu AL** Response to - Chronic exposure to tetracyclines and subsequent diagnosis for non-melanoma skin cancer in a large Mid-Western US population. *J Eur Acad Dermatol Venereol*. 2017; doi: 10.1111/jdv.14657  
<https://onlinelibrary.wiley.com/doi/10.1111/jdv.14657>
  33. **Nwabudike LC, Tatu AL** Magistral prescription with silver nitrate and Peru balsam in difficult-to-treat diabetic foot ulcers. *Am J Ther*. 2018;25(6):e679-e680. doi: 10.1097/MJT.0000000000000622  
[https://journals.lww.com/americantherapeutics/Citation/2018/12000/Magistral\\_Prescription\\_With\\_Silver\\_Nitrate\\_and.14.aspx](https://journals.lww.com/americantherapeutics/Citation/2018/12000/Magistral_Prescription_With_Silver_Nitrate_and.14.aspx)
  34. **Tatu AL, Nwabudike LC** Contact allergy to topical mometasone furoate confirmed by rechallenge and patch test. *Am J Ther*. 2018;25(4):e497-e498 doi: 10.1097/MJT.0000000000000581  
[https://journals.lww.com/americantherapeutics/Citation/2018/08000/Contact\\_Allergy\\_to\\_Topical\\_Mometasone\\_Furoate.18.aspx](https://journals.lww.com/americantherapeutics/Citation/2018/08000/Contact_Allergy_to_Topical_Mometasone_Furoate.18.aspx)
  35. **Tatu AL, Nwabudike LC** Bullous reactions associated with COX-2 inhibitors. *Am J Ther*. 2017;24(4):e477-e480. doi: 10.1097/MJT.0000000000000569. [https://journals.lww.com/americantherapeutics/Citation/2017/07000/Bullous\\_Reactions\\_Associated\\_With\\_COX\\_2\\_Inhibitors.13.aspx](https://journals.lww.com/americantherapeutics/Citation/2017/07000/Bullous_Reactions_Associated_With_COX_2_Inhibitors.13.aspx)
  36. **Tatu AL, Nwabudike LC**, Metoprolol-associated onset of psoriatic arthropathy. *Am J Ther*. 2017;24(3):e370-e371. doi: 10.1097/MJT.0000000000000560  
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1. **Nwabudike LC, Maruhashi E** Patient education, self-care and medical grade honey — managing a diabetic ulcer, *Wounds Middle East* 2017, 4(2)32-35  
<https://www.woundsme.com/resources/details/patient-education-self-care-and-medical-grade-honey-managing-a-diabetic-ulcer>
2. **Nwabudike LC, Maruhashi E** Patient education, self-care and medical grade honey —

- managing a diabetic ulcer, *Wounds Int* 2017, 8(4)40-43  
<https://www.woundsinternational.com/resources/details/patient-education-self-care-and-medical-grade-honey-managing-a-diabetic-ulcer>
3. **Nwabudike LC** Classical homeopathy and bacterial urinary tract infections *Proc. Rom. Acad.*, Series B, 2017; 19(2), p. 93–96  
<https://acad.ro/sectii2002/proceedingsChemistry/doc2017-2/art05.pdf>
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  5. **Nwabudike LC** Palmar and plantar psoriasis and homeopathy – Case reports. *Our Dermatol Online* 2017; 8(1):66-69 doi: 10.7241/ourd.20171.18  
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  7. **Nwabudike LC** Homeopathy in the treatment of dermatitis herpetiformis – a case presentation *Homeopathic Links* 2015; 28(1):44-46, doi: 10.1055/s-0035-1545253.  
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#### *Presentations at international conferences*

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