

Transilvania University of Braşov, Romania

Study program: Kineto -Therapy and Special Motricity

Faculty: Physical Education and Mountain Sports

Study period: 3 years (bachelor);

Academic year structure: 2 semesters (14 weeks per semester)

Examination sessions (two): winter session (January/February)

Courses per years (C= course; S = seminar; L = laboratory; P = project)

1st Year 2025-2026

| No. Crt | Course | Code | Language of instruction | 1 st Semester | | | | | | 2 nd Semester | | | | | |
|---------|--|------------|-------------------------|--------------------------|---|---|---|---|----|--------------------------|---|---|---|---|----|
| | | | | C | S | L | P | V | Cr | C | S | L | P | V | Cr |
| 1 | Kinesiology | Kin.01 | Roumanian | 1 | 2 | 0 | 0 | E | 4 | - | - | - | - | - | - |
| 2 | Anatomy and biomechanics | AnBio.01 | Roumanian | 2 | 2 | 0 | 0 | E | 5 | - | - | - | - | - | - |
| 3 | Formative athletics | FAtI01 | Roumanian | 0 | 0 | 2 | 0 | V | 2 | - | - | - | - | - | - |
| 4 | Therapeutic gymnastics | TG01 | Roumanian | 1 | 0 | 2 | 0 | V | 4 | - | - | - | - | - | - |
| 5 | Theory of motor activities | TAM01 | Roumanian | 1 | 2 | 0 | 0 | E | 4 | - | - | - | - | - | - |
| 6 | Football training activities | FB01 | Roumanian | 0 | 0 | 4 | 0 | V | 4 | - | - | - | - | - | - |
| | Handball training activities | /HDO1 | | | | | | | | | | | | | |
| 7 | Ethics and deontology in physiotherapy | EIA01 | Roumanian | 1 | 2 | 0 | 0 | V | 4 | - | - | - | - | - | - |
| 8 | Academic Writing | SA01 | Roumanian | 1 | 0 | 0 | 0 | V | 1 | - | - | - | - | - | - |
| 9 | English 1/2 | LbEFS1.01 | Roumanian | 1 | 1 | 0 | 0 | V | 2 | 1 | 1 | 0 | 0 | E | 2 |
| | French 1/2 | LbEFS1.01 | Roumanian | 1 | 1 | 0 | 0 | V | 2 | 1 | 1 | 0 | 0 | E | 2 |
| | Spanish 1/2 | LbEFS1.01 | Roumanian | 1 | 1 | 0 | 0 | V | 2 | 1 | 1 | 0 | 0 | E | 2 |
| 10 | Kinanthropology | Kin.02 | Roumanian | - | - | - | - | - | - | 1 | 1 | 0 | 0 | E | 3 |
| 11 | Physiology | Fiz.02 | Roumanian | - | - | - | - | - | - | 2 | 2 | 0 | 0 | E | 5 |
| 12 | Semiology | Sem.02 | Roumanian | - | - | - | - | - | - | 1 | 2 | 0 | 0 | E | 4 |
| 13 | Health education and first aid | DSPAjut.02 | Roumanian | - | - | - | - | - | - | 2 | 2 | 0 | 0 | E | 5 |
| 14 | Equipment, apparatus and installations used in physiotherapy | EAIKin.02 | Roumanian | - | - | - | - | - | - | 1 | 0 | 2 | 0 | V | 4 |
| 15 | Secondary and tertiary kinesioprophyllaxis | KSTer.02 | Roumanian | - | - | - | - | - | - | 1 | 0 | 2 | 0 | V | 4 |
| 16 | Muscle toning/ Play therapy | Mt02/Pt02 | Roumanian | - | - | - | - | - | - | 0 | 0 | 4 | 0 | V | 3 |
| 17 | Volunteering | Vo01/02 | Roumanian | 0 | 0 | 2 | 0 | V | 2 | 0 | 0 | 4 | 0 | V | 2 |
| 18 | Doping and medical management in sports | Dop01 | Roumanian | 1 | 1 | 0 | 0 | V | 2 | - | - | - | - | - | - |
| 19 | Methodology for optimizing physical condition | MetCF02 | Roumanian | - | - | - | - | - | - | 1 | 0 | 1 | 0 | V | 2 |
| 21 | Physiology of sports effort | FizEFS02 | Roumanian | - | - | - | - | - | - | 2 | 2 | 0 | 0 | E | 5 |

2nd Year 2026-2027

| No. Crt | Course | Code | Language of instruction | 3 rd Semester | | | | | | 4 th Semester | | | | | |
|------------|--|-----------------------|----------------------------|--------------------------|---|---|---|---|----|--------------------------|---|---|---|---|----|
| | | | | C | S | L | P | V | Cr | C | S | L | P | V | Cr |
| 1 | Theory and Methodology of Physical Education and Sport | TEFS 03 | Roumanian | 1 | 2 | 0 | 0 | E | 4 | - | - | - | - | - | - |
| 2 | Formative alpine skiing | FA.03 | Roumanian | 0 | 0 | 3 | 0 | V | 4 | - | - | - | - | - | - |
| 3 | Swimming and hydrokinetotherapy | IHK.03 | Roumanian | 2 | 0 | 4 | 0 | E | 5 | - | - | - | - | - | - |
| 4 | General Basics of Physical Therapy | BGKin.03 | Roumanian | 2 | 2 | 0 | 0 | E | 5 | - | - | - | - | - | - |
| 5 | Neuromotor reeducation methods and techniques | MThRNeu03 | Roumanian | 1 | 0 | 1 | 0 | E | 3 | - | - | - | - | - | - |
| 6 | Normal and pathological psychology | Pse.03 | Roumanian | 1 | 1 | 0 | 0 | E | 3 | - | - | - | - | - | - |
| 7 | English 3/4 | LbEFS3.03/04 | Roumanian | 1 | 1 | 0 | 0 | V | 2 | - | - | - | - | - | - |
| | French 3/4 | LbEFS3.03/04 | Roumanian | 1 | 1 | 0 | 0 | V | 2 | - | - | - | - | - | - |
| | Spanish 3/4 | LbEFS3.03/04 | Roumanian | 1 | 1 | 0 | 0 | V | 2 | - | - | - | - | - | - |
| 8 | Basketball training activities | Bas.03 | Roumanian | 0 | 0 | 3 | 0 | V | 4 | - | - | - | - | - | - |
| | Volleyball training activities | /Vol.03 | | | | | | | | | | | | | |
| 9 | Management and entrepreneurship in physiotherapy | Mang.04 | Roumanian | - | - | - | - | - | - | 1 | 2 | 0 | 0 | V | 4 |
| 10 | Measurement and evaluation in physiotherapy | Mas.04 | Roumanian | - | - | - | - | - | - | 2 | 0 | 2 | 0 | E | 5 |
| 11 | Physical and sensory impairment physiotherapy | Kdf.04 | Roumanian | - | - | - | - | - | - | 2 | 0 | 2 | 0 | E | 5 |
| 12 | Massage and complementary techniques | Mas.04 | Roumanian | - | - | - | - | - | - | 2 | 0 | 4 | 0 | E | 5 |
| 13 | Communication techniques with people with disabilities | Thcom.04/ Ckt.04 | Roumanian | - | - | - | - | - | - | 1 | 2 | 0 | 0 | V | 5 |
| | Communication in physiotherapy | | | - | - | - | - | - | | | | | | | |
| 14 | Pathophysiology | Fizpat.04/ Phmo.04 | Roumanian | - | - | - | - | - | - | 1 | 2 | 0 | 0 | E | 4 |
| | Psychosomatic | | | - | - | - | - | - | | | | | | | |
| 15 | Theory of psychomotor behavior | TCPS03 | Roumanian | 1 | 1 | 0 | 0 | E | 2 | - | - | - | - | - | - |
| 16 | Volunteering | Vol03/ Vol04 | Roumanian | 0 | 0 | 2 | 0 | V | 2 | 0 | 0 | 2 | 0 | V | 2 |
| 17 | Age psychology and specific psychopathologies | PSV03 | Roumanian | 1 | 1 | 0 | 0 | E | 2 | - | - | - | - | - | - |
| 18 | Didactics of adapted sport | DSAd04 | Roumanian | - | - | - | - | - | - | 1 | 1 | 0 | 0 | E | 2 |

3rd Year 2027-2028

| No. Crt | Course | Code | Language of instruction | 5 th Semester | | | | | | 6 th Semester | | | | | |
|---------|--|---------------------|-------------------------|--------------------------|---|---|---|---|----|--------------------------|---|---|---|---|----|
| | | | | C | S | L | P | V | Cr | C | S | L | P | V | Cr |
| 1 | Public health legislation | Leg.05 | Roumanian | 1 | 1 | 0 | 0 | V | 2 | - | - | - | - | - | - |
| 2 | Physical therapy in orthopedic-traumatic disorders with applications in sports | KaortTrau 05 | Roumanian | 2 | 0 | 2 | 0 | E | 5 | - | - | - | - | - | - |
| 3 | Physiotherapy in pediatrics | KPed.05 | Roumanian | 2 | 2 | 0 | 0 | E | 5 | - | - | - | - | - | - |
| 4 | Elements of physiotherapy | Fizio.05 | Roumanian | 1 | 1 | 0 | 0 | V | 3 | - | - | - | - | - | - |
| 5 | Techniques for handling the patient | TMBolv.05 | Roumanian | 1 | 0 | 2 | 0 | E | 3 | - | - | - | - | - | - |
| 6 | Kinetotherapy in geriatrics – gerontologies | KGG.05 | Roumanian | 1 | 1 | 0 | 0 | E | 3 | - | - | - | - | - | - |
| 7 | Physiotherapy in rheumatological conditions | Ktreu.05 | Roumanian | 1 | 2 | 0 | 0 | E | 3 | - | - | - | - | - | - |
| 8 | Scientific Research Methods in Sports Science and Physical Education | MCS.05 | Roumanian | 1 | 2 | 0 | 0 | V | 3 | - | - | - | - | - | - |
| 9 | Use of specialized software in Sports Science and Physical Education | Soft.05 /laf.05 | Roumanian | 1 | 0 | 1 | 0 | V | 3 | - | - | - | - | - | - |
| | Artificial intelligence in assessment and rehabilitation | | | - | - | - | - | - | - | - | - | - | - | - | - |
| 10 | Neurophysiology | Neu.06 /Bio.06 | Roumanian | - | - | - | - | - | - | 1 | 2 | 0 | 0 | V | 3 |
| | Biochemistry | | | - | - | - | - | - | - | - | - | - | - | - | - |
| 11 | Internship for the preparation and development of the bachelor's thesis | Stl.06 | Roumanian | - | - | - | - | - | - | 0 | 0 | 4 | 0 | V | 5 |
| 12 | Internship in social welfare centers | Stp.06 | Roumanian | - | - | - | - | - | - | 0 | 0 | 0 | 0 | V | 3 |
| 13 | Physiotherapy in neurological conditions | Ktne.06 | Roumanian | - | - | - | - | - | - | 2 | 2 | 0 | 0 | E | 4 |
| 14 | Physical therapy in cardio-respiratory diseases | KACResp06 | Roumanian | - | - | - | - | - | - | 1 | 2 | 0 | 0 | E | 3 |
| 15 | Internship in special education centers | Stced.06/ Stpreb.06 | Roumanian | - | - | - | - | - | - | 0 | 0 | 0 | 0 | V | 4 |
| | Internship in motor rehabilitation centers | | | - | - | - | - | - | - | - | - | - | - | - | |
| 16 | Internship in recovery centers | Stprec.06/ Spfiz.06 | Roumanian | - | - | - | - | - | - | 0 | 0 | 0 | 0 | V | 4 |
| | Internship in physiotherapy centers | | | - | - | - | - | - | - | - | - | - | - | - | |
| 17 | Elements of occupational therapy | ETOcup. 06/ AsSoc06 | Roumanian | - | - | - | - | - | - | 2 | 0 | 2 | 0 | V | 4 |
| | Social Assistance | | | - | - | - | - | - | - | - | - | - | - | - | |
| 18 | Volunteering | Vol05/Vol06 | Roumanian | 0 | 0 | 2 | 0 | V | 2 | 0 | 0 | 2 | 0 | V | 2 |
| 19 | Sports Performance Monitoring Techniques | ThMon06 | Roumanian | - | - | - | - | - | - | 1 | 1 | 0 | 0 | E | 2 |