

Transilvania University of Brașov, Romania

Study program: Educational Psychology, School and Vocational Counseling

Faculty: Psychology and Education Sciences

Study period: 2 years (master)

1st Year

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Advanced Theories in Developmental Psychology	TAPD	5	1	1	-	-

Course description (Syllabus): Development concept - contemporary challenges and approaches theories of cognitive development. Theories of Personality Development: psychosexual development theory, stadium development theory, Neo-Freudian theories, identity theory. Theories of moral development. Theories of emotional development. Adolescence-the dynamics of development. Adult – the dynamics of development.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Advanced Theories in Communication Psychology	TAPC	4	1	1	-	-

Course description (Syllabus): Communication-conceptual clarifications. Communication process. Models of communication. Psychological factors in communication. Barriers in communication-determining factors and psychological mechanisms. Interpersonal perception in communication. Professional speech. The role of nonverbal communication in networking and communication.. Feedback in communication. Transactional analysis. Technique of clarifying and enriching communication questions.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Methods of Quantitative Research	MCCT	5	1	2	-	-

Course description (Syllabus): Identification of the research problem. Formulation of research objectives and assumptions. Types of design of correlational, experimental and quasi-experimental research. Sampling methods. Statistical methods of testing research hypotheses. Internal and external validity of quantitative research. Psycho-pedagogical, laboratory and field experiment. Writing laboratory report and experimental research report. Scientifically validated psychological practice in the major applied areas of psychology.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Advanced Theories in Personality Psychology	TAPP	5	1	1	-	-

Course description (Syllabus): Explanation of personality in psychology-the great theories of personality and contemporary research. Biological bases of personality I: evolutionary perspective on personality. Biological bases of personality II: genetics and personality: heritability, environmental influences. Biological bases of personality III: constitutional and physiological aspects of personality. Culture and personality. Current theoretical models of Personality-Personality Traits and factors. Intelligence and professional adaptation. Group differences: gender, race, social class. Personality and interpersonal attraction.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Ethics and Academic Integrity	EIA	2	1	-	-	-

Course description (Syllabus): Academic ethics in the 21st century: necessity and finalities. The moral values of the University and the rules of conduct arising from them. Code of ethics and University deontology of UTBv. Norms of academic ethics in assessment situations. Academic writing: contemporary requirements and norms in the field. Ethics in the elaboration of dissertation work. Plagiarism and other forms of dishonesty in academic writing. Ethical aspects in university relations.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Emotion Management in Educational Counselling	GEC	5	1	12	-	-

Course description (Syllabus): Understanding the emotional experiences specific to the educational counseling process - theoretical framework. Development of emotion management skills with implications in optimizing the professional behavior of the educational counselor. Managing emotions from the model of emotional intelligence skills (Mayer & Salovey). Empathy and its benefits in educational counseling. Burnout syndrome of the educational counselor. Theoretical models of emotion management: the process model (Gross). Emotional management in educational counseling: component of professional identity. Situational and individual history, goals of emotional regulation in educational counseling. Consequences of emotional regulation in educational counseling.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Methods of Qualitative Research	MCC	6	2	1	-	-

Course description (Syllabus): Qualitative approach in psychological research: features of qualitative research, Theoretical Perspectives in qualitative research. Qualitative research design. Case study, comparative studies, retrospective studies, longitudinal studies. Qualitative research approach: formulation of the question of qualitative research and derivation of concepts. Selection of research groups and methods. Textual data: collection of textual data. Depth interview, Focus-group, narrative/ biographical interview. Observation. Visual data: collection of visual data (photo, video). Use of documents as qualitative research data. Online qualitative research. Qualitative data analysis: thematic analysis. Inductive analysis of qualitative data: data encoding and categorization. Interpretation of qualitative data. Conditions regarding the quality of qualitative research: triangulation, generalization. Ethical principles of qualitative research with human participants.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psychological Evaluation	EP	5	1	1	-	-

Course description (Syllabus): Test, Test and psychological evaluation. Basic qualities of psychometric instruments: standardization, fidelity and validity. The specifics of psychological evaluation in the fields of education, health, work, human resources and transport. Rules for drawing up the psychological report. Psychological evaluation at the level of the labor collective: psychological evaluation after cancellation and diagnose and plan organizational change. The factorial approach of personalities by H. J. Eysenck. The factorial approach of a personality of R. B. Cattell. NEO Personality Inventory revised (NEO PI-R). California Psychological inventory (CPI 434). Myers-Briggs typological indicator (MBTI). SDS Holland (Self-Directed Search).

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psychological Counseling for Children and Adolescents	CPCA	5	1	1	-	-

Course description (Syllabus): The issue of counseling children and adolescents. Ethics and conduct in advising children and adolescents. Counseling framework and counseling relationship. Stages of the process of counseling children and adolescents. Diagnostic techniques used in psychological counseling of children and adolescents. Methods and techniques used in counseling children and adolescents (arttherapeutic, psychodramatic, gestaltist, rational-emotional and cognitive-behavioral). Intervention plan for advising children and adolescents. Experiential group centered on the development of emotional intelligence of children and adolescents. Lifestyle counseling for children and adolescents.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Adults Training	FA	5	1	1	-	-

Course description (Syllabus): National and European legislation in the field of adult vocational training. Adult Learning, psychological and andragogical perspective. Classic methods of adult training. Methods of communication in adult training. Semantic and situational methods in adult training. Needs Analysis, job analysis and occupational standard analysis as sources of training. Development and evaluation of the vocational training programme. Development and implementation of an activity project for adult training. Evaluation of training. Professional didactics - way of transmitting competences from experts to novices.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Positive Psychology	PP	5	1	1	-	-

Course description (Syllabus): Introduction to the field of Positive Psychology: origins, theoretical foundations and scientific evolution. Fundamental concepts. Methods and instruments for assessing well-being and personal strengths. Determinants of happiness: cognitive, emotional, behavioral and social factors. Positive emotions and their role in cognitive functioning, motivation and health. Evidence-based interventions in Positive Psychology. Applications of Positive Psychology in educational settings and vocational counseling. Designing and implementing intervention programs aimed at enhancing well-being for students and adults. Ethical considerations in applying Positive Psychology techniques. Experiential group work focused on developing strengths, resilience and psychological flourishing.

Course title	Code	Language of instruction	No. of credits	Number of hours per week			
				course	seminar	laboratory	project
Entrepreneurship in psychological practice	APP	Romanian	4	1	1	-	-

Course description (Syllabus): Entrepreneur and entrepreneurship. The decision to open a business; Motivation. Business ideas. Sources of business ideas. Methods that can generate new business ideas. Forms of exercising the profession of psychologist. Legal forms for starting and running a business. Economic enterprises and commercial companies. Liberal professions. Typology, formation stages. The individual psychology cabinet. BUSINESS MARKETING: general marketing concepts, market and customers, competition and market segmentation. Product: goods and services; Pricing; Promotion and business communication; Placement and Distribution. BUSINESS PLANNING: business plan structure; marketing plan and financial plan (income and expenses, break-even point, cash flow). Presentation of the business plan.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Socio-psychological Interventions in Crisis Situations in the Educational Environment	ISPME	4	1	1	-	-

Course description (Syllabus): Crisis situations and risk behaviors in the educational field: types of crises, theoretical models and approaches. Psychological counseling in crisis situations: theoretical substantiation, principles and methods. Crisis stages and specific approach strategies. Psychological reaction to crises: physiological, cognitive, behavioral and emotional responses. Interpersonal communication techniques with people in a crisis situation. Risk

behaviors: prevention strategies. Psychological interventions in specific crisis situations: methods and techniques of intervention.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Inclusive Education	EI	4	1	1	-	-

Course description (Syllabus): Conceptual delimitations of inclusion and diversity in education. Integrated education vs. inclusive education: comparative theoretical and practical perspectives. European policies and frameworks for inclusive education; international regulations and standards. National policies, legislation and strategic directions regarding school inclusion. Principles and values underpinning inclusive education: equity, accessibility, participation and support. Institutions and stakeholders involved in achieving inclusive education and their specific roles (schools, support services, community, family). Approaches to curriculum modification, differentiated teaching strategies, and universal design for learning (UDL) models. Assessment of educational needs and development of individualized intervention/support plans. Educational partnership and interinstitutional collaboration in fostering inclusive school environments. Good practices, case studies and applied strategies for supporting students with diverse educational needs.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Mental health promotion	PSM	4	1	1	-	-

Course description (Syllabus): Concepts and principles of mental health promotion. Models of mental health and well-being across the lifespan. Determinants of mental health: biological, psychological, social and environmental factors. Risk and protective factors in child, adolescent and adult populations. Strategies and evidence-based interventions for promoting mental health in educational, organizational and community contexts. Designing preventive programs focused on resilience, emotional regulation, stress management and social support enhancement. International and national policies related to mental health promotion. Screening tools and early identification of mental health problems. Collaboration between professionals and community stakeholders in preventive interventions. Ethical principles in mental health promotion. Experiential group activities for developing coping skills, resilience and psychological well-being.

2nd Year

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Vocational Counseling and Career Management	CVMC	4	1	1	-	-

Course description (Syllabus): Career counseling in the perspective of life career. Contemporary theoretical aspects in career counseling. Career counseling in school. Career counseling in organizations. Free practice in career counseling. Career development in cultural context. Legislation, deontological norms, attitudes and behaviors in relation to customers. Resources in the career counseling process. Evaluation and establishment of the intervention strategy. Selection of intervention techniques and instruments. Implementation of the intervention strategy. Conclusion and assessment of intervention.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Applications of Learning Psychology in Education	APIE	4	2	1	-	-

Course description (Syllabus): Internal and external factors of learning, attitudes towards school. Ergonomics and school hygiene. Optimization of external conditions of teaching-learning. Managing the relationships between students in the school situation. Teacher effect. Academic emotions, anxiety, well-being, resilience. Use of it

technologies. Internet addiction and Smartphone. School Climate-theories and models and diagnosis of school climate. Violence in school-theories and models. Violence in school-intervention programs. Learning Disorders-theories and models. Learning Disorders-intervention programs. School adaptation.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Group Counselling	CG	5	1	2	-	-

Course description (Syllabus): Concepts and characteristics of group counseling in educational settings. Types of counseling groups and their applicability for children, adolescents and young adults. Stages of group development and specific roles within the group process. Techniques for creating group cohesion, establishing norms and facilitating participation. Methods used in educational group counseling: psycho-educational activities, developmental group techniques, social-emotional learning activities, role-play and structured exercises. Skills for managing group dynamics, communication patterns and conflict situations. Planning and conducting group counseling sessions tailored to academic, emotional, behavioral or vocational needs. Ethical considerations and responsibilities of the group counselor. Supervised practice through design, facilitation and reflection on group activities. Evaluation of group processes and outcomes through observation tools and reflective reports.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psycho-educational assessment of children and adolescents with special educational needs	DPP	5	1	2	-	-

Course description (Syllabus): Conceptual foundations of psycho-educational assessment in the context of special educational needs (SEN). Types of SEN and implications for evaluation. Principles and ethics of assessment for children and adolescents with diverse developmental, cognitive, emotional and behavioral profiles. Methods and tools used in psycho-educational evaluation: clinical interview, observation, developmental assessment, cognitive testing, academic achievement testing, behavioral and socio-emotional assessment. Standardized and non-standardized instruments; strengths-based and ecological approaches to assessment. Procedures for identifying SEN and determining eligibility for specialized services. Interpretation and integration of assessment data for diagnostic and intervention purposes. Development of individualized educational plans (IEP) based on assessment results. Collaboration with teachers, parents and multidisciplinary teams in the assessment process. Case studies and applied exercises for developing practical evaluation and reporting skills.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Applied Research in the Field of Specialization - Psychological Evaluation	CAPSI	3	-	2	-	-

Course description (Syllabus): Applied activities for developing practical skills in psychological evaluation within the field of specialization. Familiarization with specific assessment tools used in educational and counseling settings. Guided practice in administering, scoring and interpreting selected psychological tests and evaluation protocols. Observation of real or simulated evaluation situations and analysis of case examples. Development of practical competencies in data collection, behavioral observation, interviewing techniques and recording relevant psychological indicators. Structuring and documenting the evaluation process: planning, selecting instruments and formulating objectives. Integration of collected data into coherent psycho-educational or counseling-oriented reports. Participation in supervised practical exercises focusing on ethical procedures, feedback giving and professional communication. Design and completion of a small applied project based on real or simulated evaluation data, with presentation and reflective analysis of the process and results.

Course title	Code	Language of instruction	No. of credits	Number of hours per week			
				course	seminar	laboratory	project
Complementary Statistical Methods	MSC	Romanian	4	1	1	-	-

Course description (Syllabus): Introduction: objectives, key concepts and the issue addressed. Testing statistical assumptions. Type I and Type II of errors. The size of the effect. Statistical power of research, ways of increasing the power of research. Design of research by G-Power. Initial Screening of data. Normality uni and multivariate. Anova techniques. Regression analysis: simple linear regression and multivariate regression. Exploratory factor analysis. Cluster analysis.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Professional training habilitation (practice)	TAP	3	-	-	-	3

Course description (Syllabus): Self-image and self-assessment. Expressive skills (nonverbal and verbal). Relational, emotional and cultural intelligence. Managing stress. Mindfulness. Motivation and self-determination. Relevant personal and professional objectives. Tools, methods and means to increase productivity. Professional and personal development plans. Construction and presentation.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Practical Training in Educational Psychology	PSPSE	3	-	-	-	3

Course description (Syllabus): Supervised practical activities designed to develop applied competencies in educational psychology. Observation of psychological and psycho-educational activities conducted in schools, counseling centers or related institutions. Guided participation in screening, behavioral observation, socio-emotional assessment and identification of learning and adjustment difficulties. Practice in designing and implementing psycho-educational activities, individualized support strategies and short intervention sequences. Collaboration with teachers, school counselors and multidisciplinary teams to support pupils' learning, motivation and emotional development. Involvement in group activities focused on social-emotional learning, classroom climate improvement and behavioral management. Professional communication, ethical conduct and reflective practice throughout the training experience. Preparation of practice documentation.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psychopathology of Children and Adolescent	PCA	5	2	1	-	-

Course description (Syllabus): Mental health-mental disorder – mental illness-conceptual delimitations. Disorders with somatic symptoms in the child and teenager. Disorders of the food instinct – anorexia and bulimia. Attention Deficit Disorder and its implications. Autistic spectrum disorders. Anxiety disorders in the child and co morbidity with disorders of Affective mood.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psychological Counseling of the Family	CPF	5	2	1	-	-

Course description (Syllabus): Psychological counseling of the family-conceptual delimitations. Ethics in family psychological counseling. Counseling framework and establishment of therapeutic alliance with couple and/or family members. Psychological counseling of the impasse family - stages of the process. Counseling the couple on the stages of development of partners to overcome the emotional difficulties of family members. Advising parents on the formation of children's psychosexual identity. Integration of emotions in the process of development of members within the family. Supporting and advising family members in the case of rape of a child or teenager. Transgenerational approach of the family in family counseling (principles, goals and techniques of intervention).

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Applied Research in the Field of Specialization - Intervention	CAPSI	5	-	2	-	-

Course description (Syllabus): Development and/or adaptation of tools for psychological evaluation. Participation, as an observer, in individual and group counseling activities simulated by colleagues. Design of own counseling activity and individual and Group consulting activity. Simulation of individual and group counseling activities. Observation of the mentor counselor in consulting activities for teachers, school managers. Designing a research focused on counseling activity. Self-assessment of personal evolution during specialized practice-internship report.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Applied Research in the Field of Specialisation - Dissertation	PLD	5	-	4	-	-

Course description (Syllabus): Individual study to substantiate the research / intervention and to draft the theoretical framework. Optimization of chapters from the theoretical part. Development of research design, development / adaptation of tools / activities. Implementation of research /intervention. Data processing and interpretation. Drafting the research/ intervention report. Self-assessment / inter-evaluation of the final version of the dissertation and of the personal evolution. Presentation of the research/ intervention portfolio.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psycho-educational interventions for individuals with special educational needs	DICA	5	1	1	-	-

Course description (Syllabus): Applied approaches to designing and implementing psycho-educational interventions for individuals with special educational needs (SEN). Identification of functional difficulties and strengths. Development of individualized intervention plans focused on cognitive, socio-emotional, behavioral and academic support. Techniques for promoting communication, adaptive functioning, self-regulation and learning autonomy. Differentiated instruction strategies and practical methods for curriculum adaptation. Use of structured teaching, visual supports, behavior management techniques and assistive tools in educational and counseling contexts. Collaborative work with teachers, parents and multidisciplinary teams to ensure coherent intervention. Guided practice through case studies, role-play and supervised activities aimed at developing intervention programs and monitoring progress. Preparation of applied intervention reports and reflective analysis of intervention outcomes.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Supervised practice in school and vocational counseling	PSCSV	5	-	-	-	-

Course description (Syllabus): Supervised practical activities aimed at developing professional competencies in school counseling and vocational guidance. Observation and participation in counseling activities carried out in educational institutions. Practice in conducting initial interviews, needs assessments and basic psycho-educational screening procedures. Guided involvement in delivering individual or group counseling interventions focused on academic difficulties, emotional adjustment, decision-making and career development. Application of techniques for exploring interests, values, abilities and career orientations among pupils and adolescents. Collaboration with teachers, school counselors and other educational stakeholders to support students' personal, social and vocational development. Design and implementation of small-scale counseling activities or guidance workshops under supervision. Reflection on professional behavior, ethical issues and communication skills in counseling contexts. Preparation of practice reports, case analyses and self-evaluation of competencies acquired during the supervised practicum.