

L I S T A

lucrărilor științifice în domeniul disciplinelor din postul didactic

A. Teza de doctorat: Restructurarea eforturilor de antrenament la nivelul alergătoarelor de semifond junioare pentru realizarea formei sportive la competiția de obiectiv. ANEFS CHIȘINAU, 2006

B. Cărți și capitole în cărți publicate în ultimii 10 ani

1. ATLETISM- etapele formării alergătorilor de semifond-fond editura:Editura universității Transilvania din Brașov 2006, isbn:973-635-780-0 AnAparitie:2006 TotalNrPagini:128

2. ATLETISM- tehnica exercițiilor și probelor din atletism, materiale, instalații, regulament, reguli de concurs și arbitraj, editura:Editura universității Transilvania, isbn:-978-973-598-061-0, AnAparitie:2007 TotalNrPagini:195

3 ATLETISMUL PENTRU TOȚI, Editura universității Transilvania din Brașov isbn:978-973-958-353-6 AnAparitie:2008

3 POLIATLONUL ATLETIC SCOLAR editura:UNIVERSITATII TRANSILVANIA DIN BRASOV isbn:ISBN-973-635-780-0, AnAparitie:2009 Total Nr Pagini:128

4 ANTRENAMENT SPORTIV-periodizare, planificare formă sportiva, competitie. editura:UNIVERSITATII TRANSILVANIA DIN BRASOV isbn:, ISBN-978-973-598-654-4. AnAparitie:2009

5 NOTIUNI DE PROIECTARE, IMPLEMENTARE ȘI EVALUARE A ACTIVITĂȚILOR FORMALE DE EDUCATIE FIZICĂ ȘI SPORTIVĂ, Editura Universitatii Transilvania din brasov isbn:978-973-598-826-5 AnAparitie: 2010 Total Nr Pagini:200.

6 ATLETISM-metodica invatarii tehnicii probelor din atletism, Editura UNIVERSITATII TRANSILVANIA DIN BRASOV isbn:978-973-598-702-2-0 AnAparitie:2010

7 CONDIȚIA FIZICĂ-indicator al calității vieții. editura:EDITURA ACADEMIEI FORTELOR AERIENE HENRI COANDA isbn:978-606-8356-08-2 AnAparitie:2012 Total pagini 200.

C. Lucrări indexate ISI/BDI publicate în ultimii 10 anii

1. A STUDY ABOUT THE INCIDENCE OF INADEQUATE LIFESTYLE ON EXCESS WEIGHT IN URBAN AREA PUBERTAL SCHOOLCHILDREN. The anals of Dunarea de jos university of Galati 2010 ISSN-1454-9832-2012. revista:The anals of Dunarea de jos university of Galati 2012 BDI:EBSCO issn:14549832 AnAparitie:2012 nrautori:2 http://www.efms.ugal.ro/documente/anale_2.pdf#zoom=80

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3. THE DYNAMIC OF EXCESS WEIGHT AT PUBERTY IN ADOLESCENTS AND YOUTHS FROM URBAN AREAS. revista:ANNALS OF "DUNAREA DE JOS" UNIVERSITY OF GALATI FASCICLE XV BDI:EBSCO issn:14549832 AnAparitie:2013 nrautori:2 <http://www.efms.ugal.ro/index.php/archiva/2013/106-anale-efms-volumul-2-2013>
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 6. Study upon the Evaluation of the Bio-Motive Capacity Speed at the Level of 9 – 10 Year – Old Primary School Pupils in the City of Braşov. revista:Buletin of The Transilvania University of Braşov BDI:EBSCO issn:20667720 AnAparitie:2008 nrautori:1 http://but.unitbv.ro/BU2008/BULETIN%20IV%20PDF/content_IV_S.htm

D. Lucrări publicate în ultimii 10 ani în reviste și volume de conferințe cu referenți

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6. Study with respect to planning and programming the content of the main indicators of the training on the level of a school athletic tethratlon team. titluVolum:ANALELE UNIVERSITATII OVIDIUS SERIA EDUCATIE FIZICA ?I SPORT isbn:12247359
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